



PSHE Curriculum Map



WEST HILL
SCHOOL



Year 6

Self-Image & Body
Image
Puberty for girls &
Boys
Conception



Recognising Me
Safety with Online
Communities
Online Gaming
My Relationship



Smoking & Alcohol
Emergency Aid
Body
My Relation with
Food.



When I grow up-
Lifestyle
Investigate Jobs &
Careers
My Dream Jobs



Different Cultures
Racism
Rumors & Name
Calling
Types of Bullying



My Year Ahead
Being a Citizen of my
Country
Rights,
Responsibilities,
Democracy



Unique me
Having a baby
Girls and puberty
Looking Ahead



Year 4/5



Becoming a class
team.
Being a school citizen
Rights,
Responsibilities,
Democracy



Judging by
appearance
Understanding
Influences
Understanding
Bullying



Hopes & Dreams
Broken Dreams
Overcoming
Disappointment
Create New Dreams



Groups Dynamics
Smoking
Alcohol
Healthy Friendships



Jealousy
Love & Lost
Memories
Getting on & Falling
out

How babies grow?
Outside Body
changes
Inside body changes



Families &
Friendship
Keeping myself safe
online
Being a Global
Citizen



Being Fit & Healthy
What do I know
about drugs?
Being safe & Unsafe



Dreams & Ambitions
New Challenges
Overcoming
Challenges



Family
Conflicts
Witness &
Feelings
Words that
harm



Nightmare school Vs
Dream school
Rewards &
Consequences
Learning in charter

Year 3/4



Life Cycles in
Nature
Growing from
young to old
The Changing me

Year 2



Hopes & Fears
Rewards &
Consequences
Rights &
Responsibilities



Boys & Girls
Why does
bullying?
Standing up for
myself.
Gender Diversity



Goals to success
My learning
strengths
Group Challenges



Being Healthy
Being Relaxed
Medicine Safety
Healthy Eating



Families
Keeping Safe- Avoiding
Physical contact
Friends & Conflict
Secrets

Life Cycles
Changing Me
My Changing
Body
Girls & Boys
Body



Family & Friends
Greetings
People who help us



Healthy Choices
Clean & Healthy
Medicine Safety
Road Safety



Steps to Goals
Achieving
together
Overcoming
Obstacles



Same as and differences
What is Bullying
Making new friends



Special & Safe
My Class
Rewards feeling proud
Rights & Responsibilities

Year 1



Respecting my
body
Growing Up

Reception



My Body
Growing up
Fun & Fears



My Family and Me
Friendship
Falling out



Being and keeping
safe &
healthy



Aspiration & Goal
How to achieve our goals
and emotions that go
with this.



I am special
Families
Making friends



Sharing our feelings
Being at Nursery
Gentle Hands
Rights & Responsibilities



Nursery

